

GP Network Northside runs an **Access to Allied Psychological Services (ATAPS) Project**, based on localised needs, thus patients can access 12 ATAPS Psychology sessions and 12 Medicare rebated private psychology sessions per calendar year.

1. GP completes GP Mental Health Treatment Plan and Outcome Measurement Tool eg K10

ATAPS - Access to Allied Psychological Services

- Referral under ATAPS provides access to focussed psychological strategies, at no cost, for patients who would not otherwise be able to afford the psychologists gap fee.
- Project target groups are parents experiencing Perinatal depression, youth, Health Care Card Holders, low income earners, patients experiencing financial difficulties, Culturally and Linguistically Diverse (CALD) communities, Aboriginal and Torres Strait Islander people, patients who are, or are at risk of homelessness.

2. GP determines patient eligibility and discusses ATAPS project with patient.
3. GP refers patient for individual or group therapy to a psychologist from GP Network Northside's **ATAPS Psychologists Directory** via **ATAPS Referral Form** which is forwarded directly to the **psychologist**.
4. Patient receives 6 ATAPS Focussed Psychological Strategies Sessions
5. GP receives feedback report from Psychologist
6. GP completes Review of GP Mental Health Treatment Plan
7. Patient can be referred to ATAPS for up to a further 6 sessions if required (a total of 12 per calendar year, 18 in exceptional circumstances) by completing review and Step 3 again.
8. A new ATAPS Referral Form is forwarded directly to a psychologist from the ATAPS Psychologists Directory.

Medicare - Better Access to Mental Health Care

- Referral under Better Access (Medicare) provides access to a wide choice of psychologists.
- The Better Access program (Medicare) offers a broad range of psychological treatment options for patients able to afford gap fees.

2. GP refers patient to Allied Mental Health Service Provider (AMHSP) via standard referral letter with copy of GP Mental Health Treatment Plan
3. Patient receives 6 individual psychology sessions
4. GP receives feedback report from AMHSP
5. GP completes Review of GP Mental Health Treatment Plan
6. Patient can be referred for 6 further sessions if required (a total of 12 per calendar year, 18 in exceptional circumstances) by completing review and Step 2 again.
7. GP should annotate exceptional circumstances for 3rd referral on invoice & Medicare voucher