



Weekly News

Wednesday 18th August, 2010

Please distribute to GPs and staff in your practice

GPNN CPR WORKSHOP – LIMITED PLACES AVAILABLE

- Presented by Norm Spalding from Medixcare First Aid
- **WHEN:** 2nd September, 2010
- **TIME:** 7pm Registration for 7.30 workshop commencement
- **WHERE:** Level 2 Conference Room, Sydney Adventist Hospital, Fox Valley Road, Wahroonga
- To register for this workshop please email robi@gpnn.org.au or **fax back** this page to **9477 8799**

• I am a GP PRACTICE NURSE PRACTICE STAFF TEAM MEMBER

Name _____ Practice _____

Email _____ Phone _____

Please ensure email address is presented for workshop confirmation purposes

Do you have special dietary requirements? _____

EXERCISE THE MOOD: EXERCISE AS A TREATMENT FOR DEPRESSION WORKSHOP

- This is a 2-hour workshop for health professionals, including general practitioners and psychologists, who are currently managing adult patients with mood disorders.
- This workshop aims to:
 - ✓ Examine the evidence for the role of exercise in the treatment of mood disorders
 - ✓ Develop skills in applying exercise as a strategy to manage mood disorders
 - ✓ Introduce Black Dog Institute Psychological Toolkit resources to assist in exercise promotion
 - ✓ Introduce the role of exercise physiologists
- **WHEN:** Thursday 16th September, 6.30pm – 8.30pm
- **VENUE:** Black Dog Institute, Hospital Road, Prince of Wales Hospital, Randwick
- **COST:** There is no charge for this workshop
- For more information please visit www.blackdoginstitute.org.au/public/howyoucanhelp/exerciseyourmoodevents.cfm

RECENT CHANGES TO THE NSW HEALTH SYPHILIS SURVEILLANCE PROTOCOL

- The NSW Department of Health is changing the process of syphilis surveillance. Up to now, when a case of syphilis is diagnosed by a positive serology test, the laboratory notifies the local Public Health Unit (PHU), who in turn sends a surveillance form to the doctor who ordered the test. This form is completed by the doctor and returned
- One task is to gather improved data on cases of syphilis and provide GPs with expert advice about classifying cases of syphilis, appropriate treatment, and help with contact tracing sexual partners of cases. Therefore, when a case of syphilis is diagnosed by a laboratory test, notification is still sent to the PHU, but now the surveillance form will be sent to the local sexual health service
- It is hoped that this change will provide an opportunity for expert advice about treatment of syphilis, increased accuracy of completion of the forms (especially for the stage of syphilis) resulting in improved data to monitor the epidemic and design appropriate responses
- For more information please contact **Deshanie Sathanandan** from the Public Health Unit on **9477 9187**

ATAPS - PERINATAL DEPRESSION - DO YOU HAVE ANY PATIENTS EXPERIENCING ANTENATAL OR POSTNATAL DEPRESSION? HAVE YOU CONSIDERED ATAPS?

- GPNN is currently accepting referrals under the National Perinatal Depression Initiative, for patients diagnosed with antenatal or postnatal depression
- Referrals will be allocated on a first come first served basis
- For information please visit our website www.gpnn.org.au or phone **9477 8700**



THERAPEUTIC CHOICES FOR MENOPAUSAL SYMPTOMS

Evidence based, unbiased information on HRT and other agents used to treat menopausal symptoms. This topic is still available either as educational visits or small group case study meetings. Call Sandra/Kim at GPNN on 9477 8711/15

