



**Weekly News**  
Wednesday 21<sup>st</sup> July, 2010

Please distribute to GPs and staff in your practice

**CPR WORKSHOP ON THE 17<sup>TH</sup> AUGUST IS NOW FULL**

- Any further registrations will be wait-listed
- There will be another 2 workshops run prior to the end of the triennium
- These will be advertised one month prior to the date of the workshop

**VALE: TAIS-THERAPEUTIC ADVICE AND INFORMATION SERVICE**

- From 1 July 2010, TAIS, which provided medicines information to health professionals discontinued following a decision made last year by the NPS Board
- To assist health professionals, a list of credible information sources is available at [www.nps.org.au/health\\_professionals/guide\\_to\\_medicines\\_information\\_resources](http://www.nps.org.au/health_professionals/guide_to_medicines_information_resources)

**HUNTERS HILL DAY REHABILITATION PROGRAMS**

- New sessions now available: Have you got patients suffering with arthritis or recovering from major joint or cardiac surgery? Consider referral to day rehabilitation at Hunters Hill Private Hospital
- Free pick up within 7km radius. Fully equipped gymnasium; hydrotherapy pool; experienced physiotherapy
- Programs are covered by private health insurance, including DVA, or self funding patients can request quotes
- For more information please call **8876 9447**

**\$500K PRIMARY CARE INFRASTRUCTURE GRANT FOR GP'S - CLOSING AUGUST 20TH**

- Primary Care Infrastructure Grants (PCIG) program funding is available for all GP's (not just Super Clinics) and there are only 4-6 spots left
- GPs don't have to use the services... they can just benefit from the free grant related information (e.g. reports, tips, videos) that are available on our website [www.grantsolutions.com.au/PCIG](http://www.grantsolutions.com.au/PCIG)
- We're happy to answer questions, provided that you've carefully read all the information available on our website
- **Ross Turetsky**, Managing Director - Grant Solutions (**03) 9593 8709** or **0413 791 140** or email [ross@grantsolutions.com.au](mailto:ross@grantsolutions.com.au)

**SEXUAL HEALTH UPDATE- CONTACT TRACING IN GENERAL PRACTICE**

- In relation to a clearly demonstrated diagnosis of STIs and blood borne viruses, it is good clinical management and the treating clinician's responsibility to discuss contact tracing with their patients.
- Contact tracing is important to interrupt any risk of ongoing transmission of infection and to minimise the complication in those infected and to promote behaviour change through information and counselling.
- For more information regarding the contact tracing process or other sexual health resources, Please contact the **North Sydney Public Health Unit** on **9477 9400** or **NSW sexual health services** on **9382 7440**

**HEART MOVES PROGRAM AVAILABLE – MILLENNIUM HEALTH CLUB WAITARA**

- Heart Moves has been developed to benefit patients by assisting them in developing lower blood pressure and cholesterol, weight management, Improved Wellbeing and Quality of Life, Assist in Diabetes Management, Improved Sleep and Improved Bone Mineral Density with Arthritis Management
- **WHEN:** The new program will be launched on the 27<sup>th</sup> July 2010
- **TIME:** Tuesdays and Thursdays 2-3pm
- **WHERE:** Millennium Health Club, 2 Alexander Parade, Waitara
- **COST:** \$10 per session or \$88 for a ten visit pass
- Encourage your patients to participate in the first free session by calling the **Health Club** on **9987 4277**