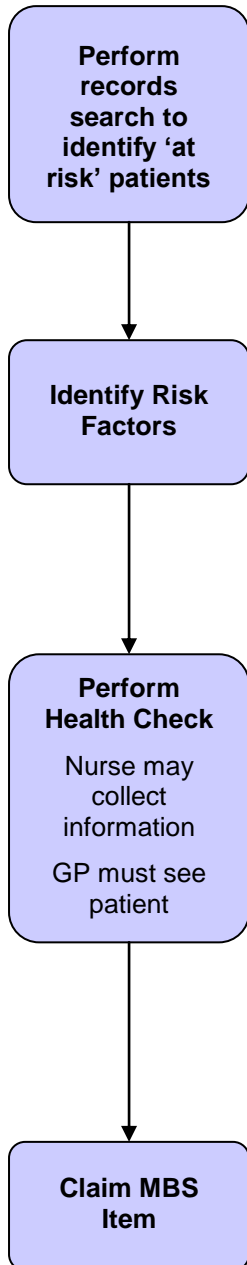


## Health Assessment – 45 - 49 Year Old – Items 701 / 703 / 705 / 707



**701 / 703 / 705 / 707** - Time based, see MBS for complexity of care requirements of each item

### Eligibility Criteria

Patients aged 45 to 49 years inclusive  
Must have an identified risk factor for chronic disease  
Not for patients in a hospital

### Risk Factors

Include, but are not limited to:  
Lifestyle: Smoking; Physical inactivity; Poor nutrition; Alcohol use  
Biomedical: High cholesterol; High BP; Impaired glucose metabolism; Excess weight  
Family history of chronic disease

### Clinical Content

#### Mandatory:

Explain Health Assessment process and gain consent  
Information collection – take patient history, undertake examinations and investigations as clinically required  
Overall assessment of the patient’s health, including their readiness to make lifestyle changes  
Initiate interventions and referrals as clinically indicated  
Advice and information about Lifestyle Modification Programs and strategies to achieve lifestyle and behaviour changes

#### Non-Mandatory:

Written patient information such as the Lifescrpts resources, are recommended

### Essential Documentation Requirements

Record patient’s consent to Health Assessment  
Record the Health Assessment and offer the patient a copy

### Claiming

All elements of the service must be completed to claim  
Requires personal attendance by GP with patient

<i>MBS item</i>	<i>Name</i>	<i>Age Range</i>	<i>Recommended Frequency</i>
701 / 703 / 705 / 707	Health Assessment – 45 - 49 Year Old	45 - 49 years	Once only

MBS item 10990 (Bulk Billing Incentive) may also be claimed for eligible patients